



## Dave Ellingson – Adventurer, Author, Speaker

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*Need inspiration for your next adventure in life?* Move beyond the impossible and imagine what's possible by dreaming big? Recognize the “angels” and allies who are ready to help. Launch with confidence and excitement and learn in the great outdoor classroom/cathedral.

I am the Paddle Pilgrim. This spirit has taken me down the Mississippi River, Erie Canal and Hudson River to the Statue of Liberty, the fjords of Norway, and the Mekong River in Southeast Asia. These epic journeys capture the people, cultures, spirituality, and history of diverse peoples around the world. They became my teachers and friends. *What will your adventure be?*

### Presentations

- National Nordic Museum, Seattle/Ballard, WA – “Coming Home” film presentation
- Canoeopia (paddling exposition), Madison, WI – Erie Canal and Norway film presentations
- St. Andrew’s Lutheran Church, Mahtomedi, MN – Earth Day speaker
- Spirit in the Desert Retreat Center, Carefree, AZ – retreat speaker “Go Outside & Play”
- Oneota Film Festival, Luther College, Decorah, IA – “Paddling through Climate Change” presentation

### Books and Media

- Travel with Rick Steves radio interview – [#672/Paddle Boldly](#) (Mississippi headwaters)
- [Down the Mekong: Journey of Discovery](#) documentary film (20 min.)
- 5 Paddle Pilgrim books: (Mississippi River, Norway, Erie Canal, Headwaters, Mekong River) Kayaking the Mississippi Headwaters
- All pictures, books, films, and podcasts available at [paddle-pilgrim.com](http://paddle-pilgrim.com)

### Endorsements

“Whenever Dave Ellingson invites me into his kayak, I know I’m in for a true adventure. It’s white water for the soul in a way that is truly transformational travel.”

– Rick Steves, travel writer and television personality

### Biography

Dave Ellingson is an adventurer, author, film maker, podcaster and speaker known as the “Paddle Pilgrim.” He is a kayaker, Lutheran pastor, former college professor, Master Gardener, and former distance runner and triathlete. He is married, the father of five grown children and five grandchildren, and resides in Edmonds, Wash.